Weekly Menu 4



St. Margaret's Preparatory School

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP STATION	St Margaret's freshly baked bread	St Margaret's freshly baked bread	St Margaret's freshly baked bread	St Margaret's freshly baked bread	St Margaret's freshly baked bread
TASTY MAINS	MEAT FREE MONDAY Cheddar cheese and leek pasta bake	FULL FLAVOR FAVORITES Local butcher's sausage or chicken sausage in a soft hot dog roll	BEST OF BRITISH Roast chicken thigh, Yorkshire pudding with gravy	WONDERS OF THE WORLD Vegetarian quesadillas	FISH FRIDAY Oven baked cod fish fillet
VEGGIE LOVERS	Baked potato, baked beans and cheese or vegan cheese	Meat free sausage in a hot dog roll	Broccoli and cauliflower cheese bake	Oven baked sweet potato	Butternut squash and coconut curry with steamed rice
ON THE SIDE	Roasted Mediterranean vegetables	Corn on the cob and peas	Roast potatoes and seasonal vegetables	Mexican paprika wedges	Oven chips, peas and mushy peas with tomato and tartare sauce
KITCHEN SALAD	Daily wholesome salad bar	Daily wholesome salad bar	Daily wholesome salad bar	Daily wholesome salad bar	Daily wholesome salad bar
HOT SNACKS	Whole meal pasta with homemade tomato sauce	Jacket potato and baked beans	Whole meal pasta with homemade tomato sauce	Fusilli pasta with pesto sauce	Jacket potato with baked beans
DESSERTS	Eton mess, jelly, fruit or yoghurt pots	Gingerbread biscuit, oat bar, jelly, fruit or yoghurt pots	Chocolate muffin, fresh fruit, jelly and yoghurt pots	Flapjack, fresh fruit, jelly and yoghurt pots	Vegan jelly, ice cream and yoghurt pots