



ST MARGARET'S PREP LUNCH MENU

Week 1



Monday

Tuesday

Wednesday

Thursday

Friday

TASTY
ENTREE

Breaded Chicken Katsu
with Basmati Rice

Baguette Bar*
Tomato Soup*

Lamb Tagine

BBQ Chicken Pizza

Roast Turkey served with
Yorkshire puddings and
Gravy

VEGGIE
Lovers

Thai Green Quorn and
Vegetable Curry with
Basmati Rice

Sausage*
Bacon*
Tuna Mayonnaise*
Cheese*

Root Vegetable and
Chickpea Tagine

Cheese & Tomato Pizza

Stuffed Roasted Pepper
with Cous-cous

Light
BITES

*Pasta Roast Pepper &
Tomato Sauce*

Jacket Potato*
Ratatouille*
Cheese

Baked Jacket Potato
Chef's Special

on the
SIDE

Green Beans
Sweetcorn

Peas
Cous Cous

Corn on the Cob

Roast Potatoes
Broccoli and Carrots

TASTY
PUDS

Banana Cake with
Frosted icing

Jelly Pots

Yogurt Pots

Vanilla Ice-cream Pots

Lemon Drizzle Cake

Salad Bar Bowls available daily
With fresh fruit pots and Bread served at Counter.





ST MARGARET'S PREP LUNCH MENU

Week 2

Monday

Tuesday

Wednesday

Thursday

Friday

TASTY
ENTREE

Beef Lasagne

Chicken Korma curry with Braised Rice and Raita and Mango chutney dip

Pork Sausages and Mash Potato with Gravy

Cod Fish Fingers and Tartar Sauce

Roast Ham and Yorkshire puddings with Gravy

VEGGIE LOVERS

Soy Mince and Vegetable Lasagne

Lentil and Chick-Pea Curry with Rice

Vegetable Sausages with Mash Potatoes and Gravy

Chickpea and Sweet Potato Falafels with Garlic Mayonnaise

Meatless Sausage Rolls with a Warm Onion Relish

Light BITES

Baked Jacket Potato

Creamy Mushroom and Dill Sauce with Penne Pasta

Baked Jacket Potato

Pasta with Pesto Sauce

on the SIDE

Garlic Bread
Baked Beans
Roasted Vegetables

Green Beans
Sweetcorn

Broccoli
Baked Beans
Mash Potato

Oven Chips
Garden Peas
Baked Beans

Roast Potatoes
Steamed Green Cabbage
Lightly Boiled Carrots

TASTY PUDS

Chocolate Chip Shortbread

Yoghurt Sundae with Fruit Coulis

Ginger Parkin Cake

Vanilla Ice-Cream Pots

Fruit Jelly Pots

Salad Bar Bowls available daily
With fresh fruit pots and Bread served at Counter.





ST MARGARET'S PREP LUNCH MENU

Week 3

Monday

Tuesday

Wednesday

Thursday

Friday

TASTY
ENTREE

VEGGIE
Lovers

Light
BITES

on the
SIDE

TASTY
PUDS

Beef Chilli con Carne and Rice
Served with sour cream and Guacamole

Cherry Tomato and Basil Quiche

Baked Jacket Potato Chef's Special

Braised 50/50 Rice
Broccoli
Sweetcorn

Lemon and Sultana Cookie

Breaded Lemon Chicken

Vegetable Sausages with Gravy

Pasta Penne with Tomato Sauce

Crushed New Potatoes
Glazed local Carrots
Cauliflower

Yoghurt Sundae with Mixed Berry puree

Lamb Pasta Bolognaise

Macaroni Cheese with Garlic Bread

Baked Jacket Potato Chef's Special

Garlic Bread
Peas
Mixed Garden Salad

Strawberry Jelly Pots

Cod Fillet Fingers with Homemade Tartare Sauce

Halloumi Cheese and Vegetable Wrap with sweet Chilli dip

Pasta Spirals with a Nut-free Green Pesto

Oven Chips
Peas
Baked Beans

Chocolate Sponge cake with Chocolate icing

Thyme Roast Chicken with Yorkshire puddings

Braised Quorn Fillet with Gravy

Baked Jacket Potato Chef's Special

Roast Potatoes
Broccoli and Carrots

Vanilla Ice-cream Pots

Salad Bar Bowls available daily
With fresh fruit pots and Bread served at Counter.

