



## MONDAY

### Around The World (England)

#### Dish of the day

Cumberland Sausage & Red  
Onion Gravy

#### Vegetarian

Quorn Sausage & Red Onion  
Gravy

#### Jacket Potato

Cheese

#### Sides

Seasonal Vegetables/Mash

Freshly Prepared Salad Bar with  
Cold Meats

#### Soup of the Day with Freshly Baked Bread

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Jam Sponge & Custard  
Fresh Fruit  
Yoghurt

## TUESDAY

#### Dish of the day

Pasta Bar

#### Vegetarian

Pasta Bar

#### Sauces

Rich Tomato & Bacon Sauce  
Bolognese  
Basil Pesto

#### Sides

Garlic Bread/Green Salad

Freshly Prepared Salad Bar with  
Cheese & Cold Meats

#### Soup of the Day with Freshly Baked Bread

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Chocolate Orange Trifle  
Fresh Fruit  
Yoghurt

## WEDNESDAY

### (Oodles of Noodles)

#### Dish of the day

Sweet & Sour Chicken Stir  
Fry

#### Vegetarian

Sweet & Sour Vegetable  
Stir Fry

#### Jacket Potato

Baked Beans

#### Sides

Egg Noodles/Prawn  
Crackers

Freshly Prepared Salad Bar  
with Tuna Mayo

#### Soup of the Day with Freshly Baked Bread

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Traditional Shortbread  
Fresh Fruit  
Yoghurt

## THURSDAY

#### Dish of the day

Turkey Mince Lasagne

#### Vegetarian

Roasted Aubergine Parmigiana

#### Loaded Potato Skins

with Cheese, Tomato & Spring  
Onion

#### Sides

Garlic & Rosemary Focaccia  
Peas

Freshly Prepared Salad Bar with  
Cold meats

#### Soup of the Day with Freshly Baked Bread

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Ginger Biscuit  
Fresh Fruit  
Yoghurt

## FRIDAY

#### Dish of the day

Roast Gammon, Yorkshire

#### Vegetarian

Herb Crusted Cauliflower  
Cheese

#### Sides

Roasted New Potatoes  
Seasonal Vegetables

Freshly Prepared Salad Bar

#### Soup of the Day with Freshly Baked Bread

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Ice Cream & Raspberry Sauce  
Fresh Fruit  
Yoghurt





# THIS WEEK'S MENU

## MONDAY

### Around The World (Thailand)

#### Dish of the day

Mild Chicken Thai Curry

#### Vegetarian

Vegetable & Chickpea Thai Curry

#### Jacket Potato

Tuna Mayo

#### Sides

Flat Bread  
Braised Rice

Freshly Prepared Salad Bar with Cold meat platters

#### Soup of the Day with Freshly Baked Bread

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Thai Mango Pudding  
Fresh Fruit  
Yoghurt

## TUESDAY

#### Dish of the day

Minced Beef Cobbler

#### Vegetarian

Garlic Mushroom Quiche

#### Lightly Seasoned Pasta

Tomato & Basil Sauce

#### Sides

New Potatoes/Green Beans

Freshly Prepared Salad Bar with Cheese

#### Soup of the Day with Freshly Baked Bread

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Banana Cake  
Fresh Fruit  
Yoghurt

## WEDNESDAY

#### Dish of the day

Breaded Fish Finger with Tartar Sauce

#### Vegetarian

Quorn Sausages

#### Jacket Skins

Ham & Cheese

#### Sides

Wedges  
Peas & Sweetcorn

Freshly Prepared Salad Bar with Cold meat platters

#### Soup of the Day with Freshly Baked Bread

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White Chocolate Chip Cookie  
Fresh Fruit  
Yoghurt

## THURSDAY

#### Dish of the day

Pork and Mushroom Stroganoff

#### Vegetarian

Mushroom Stroganoff

#### Lightly Seasoned Pasta

Cheddar Cheese & Chive Sauce

#### Sides

Braised Rice  
Seasonal Vegetables

Freshly Prepared Salad Bar with Cold meat platters

#### Soup of the Day with Freshly Baked Bread

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Lemon Poppyseed Cake  
Fresh Fruit  
Yoghurt

## FRIDAY

#### Dish of the day

Roast Turkey  
Stuffing & Gravy

#### Vegetarian

Vegetarian Roast

#### Sides

Roast Potatoes  
Seasonal Vegetables

Freshly Prepared Salad Bar with Cold meat platters

#### Soup of the Day with Freshly Baked Bread

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Rhubarb & Ginger Crumble & Cream  
Fresh Fruit  
Yoghurt





# THIS WEEK'S MENU

## MONDAY

### Around the World (Morocco)

**Dish of the day**  
Chicken Tagine

**Vegetarian**  
Root Vegetable Tagine

**Jacket Potato**  
Coleslaw

**Sides**  
Cous Cous  
Carrot Salad

Freshly Prepared Salad Bar with  
Cold meat platters

**Soup of the Day with Freshly  
Baked Bread**

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Chilled Cinnamon Rice  
Fresh Fruit  
Yoghurt

## TUESDAY

**Dish of the day**  
Chilli Con Carne with Braised  
Rice

**Vegetarian**  
3 Bean Vegetable Chilli

**Lightly Seasoned Pasta**  
Roasted Veg & Tomato Sauce

**Sides**  
Tortillas & Sour cream

Freshly Prepared Salad Bar with  
Cheese  
Cold Meats

**Soup of the Day with Freshly  
Baked Bread**

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Fruit Jelly  
Fresh Fruit  
Yoghurt

## WEDNESDAY

**Dish of the day**  
Hot Dog

**Vegetarian**  
Quorn Hot Dog

**Potato Skins**  
With Cheese & Tomato

**Sides**  
Wedges  
Sweetcorn

Freshly Prepared Salad Bar  
with Cold meat platters

**Soup of the Day with  
Freshly Baked Bread**

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Steamed Syrup Sponge &  
Custard  
Fresh Fruit  
Yoghurt

## THURSDAY

**Dish of the day**  
Fish Pie

**Vegetarian**  
Ratatouille Filled Crepe

**Lightly Seasoned Pasta**  
Roasted Pepper Pesto

**Sides**  
Garlic Bread/Peas

Freshly Prepared Salad Bar with  
Cold meat platters

**Soup of the Day with Freshly  
Baked Bread**

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Chocolate Shortbread  
Fresh Fruit  
Yoghurt

## FRIDAY

**Dish of the day**  
Herb Roasted Chicken Thigh,  
Stuffing

**Vegetarian**  
Stuffed Aubergine

**Sides**  
Fresh Seasonal Vegetables  
Roast Potatoes

Freshly Prepared Salad Bar with  
Cold meat platters

**Soup of the Day with Freshly  
Baked Bread**

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Baked Apple Crumble & Cream  
Fresh Fruit  
Yoghurt

