

St Margaret's Preparatory School



First Aid Policy

Date Policy Reviewed	Policy Reviewed By	Reason/Outcome	Next Review Due
September 2016	Sara Moutard	Review	September 2017
March 2017	Sara Moutard	Change of Procedure and Update (inc EYFS Statutory Framework)	September 2017
May 2017	Sara Moutard	First Aid Kit Review	September 2017
September 2017	Sara Moutard	Policy Review	September 2018

Our Vision

- We want... every child to love coming to school and to love learning.
- We want... all children to feel secure and cared for.
- We believe... in teaching the whole child and finding exciting ways to enhance their learning experience so that when they leave St. Margaret's, they say what a fantastic school it is in every way.

And this is what we aim to do

- Provide a high quality education, where children can grow in knowledge and understanding.
- Equip all children with appropriate skills, attitudes and values.
- Create an environment where every child can fulfil their potential.
- Encourage every child to benefit from our caring staff and fine facilities.
- Enable every child to communicate with confidence in every situation.
- Treat every child with the highest standards of courtesy, loyalty, honesty and fairness, and expect the same from them in return.

This Policy applies to the whole school and to the Nursery at St. Margaret's.

KEY FACTS:

- ❖ **To ensure that we promote the good health of all the children in our care.**
- ❖ **First aid can save lives and prevent minor injuries become major ones**
- ❖ **The school will ensure that there are adequate facilities and appropriate equipment for providing first aid in the workplace, including for visitors, as well as for the age of children.**
- ❖ **Minimum first aid provision is a suitably stocked first aid container, an appointed person to take charge of first aid arrangements and for information for employees on first-aid arrangements, as well as adequately trained and experienced staff.**
- ❖ **This minimum provision is supplemented with a first aid needs assessment to identify any additional requirements specific to the school, to record the findings and to introduce measures to manage any risks.**
- ❖ **First aid provision must be available at all times whilst children are on the school premises and including school visits off site.**
- ❖ **Our school, staff and others have a duty to safeguard and promote the welfare of children.**

General Statement

The definition of First aid is as follows:

- In cases where a person will need help from a medical practitioner or nurse, treatment for the purpose of preserving life and minimising the consequences of injury and illness until help is obtained; and,
- Treatment of minor injuries which would otherwise receive no treatment, or which do not need treatment by a medical practitioner or nurse.

This policy provides an overview of the statutory requirements and how these are met in school. All safeguarding and child protection policy guidelines must be adhered to both on and off the school site, when first aid is administered.

The policy applies to all pupils including those pupils covered by the Statutory Frameworks for the Early Years Foundation Stage (EYFS) 2017.

The responsibility for drawing up and implementing the First aid policy is delegated to the Headmaster, including informing staff and parents. However, implementation remains the responsibility of all staff in our school in order to keep children healthy, safeguarded and protected whenever they are in our care.

Current Procedure

Our appointed person (First aid co-ordinator) undertakes and records an annual review. A first aid needs assessment is carried out to ensure that adequate provision is available given the size of our school, the staff numbers, our specific location and the needs of individuals.

Our first aid needs assessment includes consideration of pupils and staff with specific conditions and major illnesses, such as asthma and epilepsy, takes account of an analysis of the history of accidents in our school, as well as the identification of specific hazards. It also includes careful planning for any trips and visits, including residential and higher risk trips which always include a suitably trained first aider, in keeping with our Educational Visits policy.

Our procedure outlines when to call for help when necessary, such as an ambulance or emergency medical advice from professionals/treatment, and outlines the requirements for documenting necessary treatment once applied. The main duties of a First Aider are to give immediate help to casualties with common injuries or illnesses and those arising from specific hazards at school.

We ensure that first aid provision is available at all times, including out of school trips, during PE, and at other times when the school facilities are used.

We keep a record of all accidents or injuries and first aid treatment. We must inform parent(s)/carer(s) of any accident or injury on the same day, or as soon as reasonably practicable, of any first aid treatment.

Our First Aid Procedure is set out at Appendix 1.

First Aid Training

We carefully consider, and review annually, the training needs of our staff to ensure that suitable staff are trained and experienced to carry out first aid duties in our school. In particular, we consider the following skills and experiences:-

- Reliability, communication and disposition,
- Aptitude and ability to absorb new knowledge and learn new skills,
- Ability to cope with stressful and physically demanding emergency procedures,
- Normal duties are such that they may be left to go immediately and rapidly to an emergency, and

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- Need to maintain normal operations with minimum disruption to teaching and learning.

First aiders in our school have all undertaken appropriate training. They have a qualification in either First Aid at work (FAW, 3 days or 18 hours) or Emergency First Aid at work (EFAW, 1 day or 4-6 hours) or Emergency Paediatric First Aid (EPFA, 1 day or 4-6 hours). EYFS paediatric first aiders hold a clearly recognised certificate or a renewal (minimum of 12 hours tuition). Before the certificates expire, first aiders need to undertake a requalification course as appropriate, to obtain another three-year certificate. In relation to the FAW/EFAW/EPFA training courses, providers will follow the current guidelines issued by Resuscitation Council (UK) October 2015.

Training will be updated every three years and will not be allowed to expire before retraining has been achieved.

The need for ongoing refresher training for any staff will be carefully reviewed each year to ensure staff basic skills are up-to-date, although we are aware that this is not mandatory. Annual three hour basic skills updates in between formal training are recommended to keep staff up to date.

Key personnel

First aid co-ordinator (appointed person) - responsible for looking after first aid equipment and facilities, as well as calling the emergency services as required	Sara Moutard - Bursar
The following staff have completed a recognised training course in FAW	Harriett Carter Andrew Clark Julie Last Sara Moutard
The following staff have completed a recognised training course in EFAW	Judith Morgan Abigail Easton Theodora Christodoulides Lulu Bordoli Lucy Salmon Corinee Walker Sophie Moser Jayne Crowley Becky Westover
The following staff have completed a 2 day Paediatric course in first aid (EYFS requirement)	Debbie Raby Jo Irvine Hannah Fraser Melanie Harris Nicola Turner Terri Griffiths Clare Donnelly Harriett Carter Louise Laurie Vicky Kirby Jocelyne Crallan

Our First Aid Room and the Contents of our First Aid Box

Our First Aid Room is Room Number 9. It is located in the Main Building adjacent to the Headmaster's Study.

Our minimum provision, **(not mandatory)** as recommended by HSE is to hold a suitably stocked first aid box, to nominate an appointed person (see 3.1 above), as well as the provision for staff of relevant information on first aid arrangements.

In our suitably stocked First Aid box we provide the following, or suitable alternatives:-

- a leaflet giving general guidance on First Aid eg HSE leaflet 'Basic advice on First Aid at work' (INDG347 rev 1).
- 20 individually wrapped sterile adhesive dressings (assorted sizes);
- two sterile eye pads;
- four individually wrapped triangular bandages (preferably sterile);
- six safety pins;
- six medium sized (approximately 12cm x 12cm) individually wrapped sterile unmedicated wound dressings;
- two large (approximately 18cm x 18cm) sterile individually wrapped unmedicated wound dressings;
- one pair of disposable gloves.

We do not keep tablets, creams or medicines in the first aid box.

Our first aid boxes are kept in the following places:

- The First Aid Room (1 x medium and 1 x small mobile kits for use on school trips or when travelling away to sports fixtures)
- Nursery / Transition near the sinks adjacent to the Transition Quiet Room
- The LAF Building
- The main kitchen in the Sports Hall (specialist catering first aid)
- The staff changing room in the Sports Hall (mobile bag)
- The school car

We take great care to prevent the spread of infection in school, particularly in the event of spillages of bodily fluids which we manage effectively by washing off skin with soap and running water, out of eyes with tap water and or an eye wash bottle, wash splashes out of nose with tap water, record details of any contamination, and seek medical advice where appropriate. For further information please see our Prevention and Control of Communicable and Infectious Diseases Procedures.

First aiders take careful precautions to avoid the risk of infection by covering cuts and grazes with a waterproof dressing, wearing suitable powder free vinyl gloves, using suitable eye protection and aprons where splashing may occur, use devices such as face shields when giving mouth to mouth resuscitation, wash hands after every procedure.

We ensure that any third party lettings or providers, including transport, have adequate first aid provision which complies with our standards. For example, visiting sports clubs or schools.

Early Years

The Statutory Framework for the Early Years Foundation Stage (2017) is mandatory. In accordance with this, we ensure that at least one person with a current paediatric First Aid certificate is on our premises at

all times, when pupils are present. All new nursery and pre-school staff within our Early Years will undertake paediatric first aid training. This means that newly qualified staff with a childcare level two and three qualification will have a paediatric first aid certificate before they can be included in the statutory staff:child ratios in the early year's settings. All paediatric first aid certificates will be displayed in the Early Years areas.

No outing from school is undertaken without the presence of at least one person with a paediatric first aid qualification, present on and off site.

We keep a written record of all accidents or injuries and first aid treatment, and we inform parent(s) and/or carer(s) of any accident or injury on the same day, or as soon as reasonably practicable, as well as any first aid treatment. Records are stored confidentially in Medical Tracker (Accident reporting software tool). The recording of an accident is carried out in confidence at all times by the person administering first aid.

We know that we must notify Ofsted of any serious accident, illness or injury to, or death of, any child in our care, and of the action that we have taken. We aim to do so as quickly as possible and always within 14 days of the incident occurring. We are mindful that not to do so, without a reasonable excuse, would be committing an offence.

We must notify our local child protection agency, Essex County Council, of any serious accident or injury to, or the death of, any child in our care. We always act on their advice, if given to us.

Prescription medicines must not be administered unless they have been prescribed by a doctor, dentist, nurse or pharmacist.

Recording Accidents and First aid treatment

We follow the guidelines on the Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR, 2013) for the reporting of serious and dangerous accidents and incidents in school. These include work-related and reportable injuries to visitors as well as certain accidents, diseases and dangerous occurrence arising out of or in connection with work. Where accidents result in the incapacitation of a worker for more than seven days, a RIDDOR report is required, including three days for recording purposes.

Our Procedure for recording accidents and first aid treatment is set out in Appendix 1.

Recording Incidents and Near misses

We record any near misses which are an event such as occurrences where not one has actually been harmed and no first aid was administered, but have the potential to cause injury or ill health. We record any incidents that occur on the premises and these may include a break in, burglary, theft of personal or school's property; intruder having unauthorised access to the premises, fire, flood, gas leak, electrical issues.

Prescription and Non-prescription medication

Our procedure for administering prescription and non-prescription medicines is set out in Appendix 1 of the Supporting Pupils with Medical Conditions Policy and Procedure.

Defibrillators (AED)

The school has one defibrillator which is kept in the First Aid Room.

The defibrillator is always accessible and staff are aware of the location, and of those staff who have been trained to use it. They are designed to be used by someone without specific training and by following the accompanying step by step instructions on it at the time of use. The manufacturer's instructions are circulated to all staff and use promoted should the need arise.

Monitoring and Evaluation

Our school's senior leadership team monitors the quality of our first aid provision, including training for staff and accident reporting on a termly basis. Our policy will be reviewed annually, accordingly. Compliance will be reported formally to the school's termly Health and Safety Committee. Minutes of these are submitted to the Health and Safety Manager at Cognita Regional Office. The Health and Safety Manager will report to the Cognita (UK) Regional H&S Committee meeting acting in the role as the Proprietor.

Reports are provided to our Safeguarding committee which includes an overview of first aid treatment to children including the identification of any recurring patterns or risks, lessons learned with the management actions to be taken accordingly including the provision of adequate training for staff.

As Proprietor, Cognita Schools has published a compliance training guide for schools which details preferred providers of first aid training, including approximate costs and procurement arrangements. This document is currently available on the Hub.

APPENDIX 1

First Aid Procedure

RESPONSIBILITIES

The Headmaster will:

- Ensure that first aid cover is available throughout the working hours of the school week

Staff who are qualified in First Aid at Work, Emergency First Aid at Work and Paediatric First Aid will:

- Ensure that their First Aid at Work qualification is always up to date
- Always attend a casualty when requested to do so and treat the casualty to the best of their ability in the safest way possible
- Help other First Aiders at an incident and provide follow up support
- Act as a person who can be relied upon when the need arises
- Ensure that all the information and actions regarding a first aid incident are clearly recorded so that an incident can be followed up if necessary
- Ensure that everything used for First Aid is cleared away, using gloves, and every dressing etc is put in a yellow bag for contaminated / used items and sealed tightly before disposing of the bag in a sanitary disposal unit. Any bloodstains on the ground must be washed away thoroughly.

The Headmaster's PA / Admin Assistant will:

- Administer basic first aid where necessary
- Ensure that in the event that an injury has caused a more serious problem, the pupil must be referred to a First Aider for examination and the parent/carer informed
- Make staff aware of any first aid which has been given to a pupil on the same day
- Contact the parent/carers as necessary in the event of a head bump / injury / illness
- Any decision to request a parent/carer to collect their child will be made in conjunction with the Headmaster or Deputy Head.

Teachers, Teaching Assistants, other Support Staff and Peripatetic Staff will:

- Familiarise themselves with the first aid procedures in operation and ensure that they know who the current First Aiders are
- Be aware of specific medical details of individual pupils in their care when publicised by the Headmaster's PA
- Never move a casualty until they have been assessed by a qualified First Aider unless the casualty is in immediate danger
- Send for help to the Office as soon as possible either by a child (using the red / amber card system), or by telephone. They must ensure that the messenger knows the precise location of the casualty
- Reassure, but never treat, a casualty unless staff are in possession of a valid First Aid Certificate or know the correct procedures; such staff can obviously start emergency aid until a First Aider arrives at the scene or instigate simple airway measures, if clearly needed
- Send a pupil who has minor injuries to the Office – accompanied by another member of staff or a fellow pupil (Prep only)
- Send a pupil who feels generally 'unwell' to the Office – accompanied by another member of staff or a fellow pupil (Prep only) unless their deterioration seems uncharacteristic and is causing concern
- Ensure that they have a current medical consent form for every pupil that they take out on a school trip or excursion out of school which indicates any specific conditions or medications of which they should be aware

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- Have regard to personal safety

All Staff who administer any type of first aid will follow the procedures set out below in relation to recording the accident / first aid treatment administered onto the Medical Tracker system.

HEAD BUMPS

Injuries to the head need to be treated with particular care. First Aiders must look for the following symptoms which may indicate serious injury and the need for an ambulance to be called:

- Unconsciousness or lack of full consciousness (ie difficulty keeping eyes open)
- Any problems with memory
- Persistent headache
- Disorientation, double vision, slurred speech or other malfunction of the senses
- Nausea and vomiting
- Unequal pupil size
- Pale yellow fluid or watery blood coming from the ears or nose
- Bleeding from scalp that cannot quickly be stopped
- Loss of balance
- Loss of feeling in any part of the body
- General weakness
- Seizure or fit

The Headmaster's PA will ensure that if a child sustains a knock to the head, the parent / carer is contacted as quickly as possible and that the Medical Tracker system is completed.

Any child who has sustained a bump to the head will be given a 'head bump sticker' to alert other members of staff to the incident.

The child will take home a letter completed by the Headmaster's PA to notify parents/carers about the bump to the head.

PUPIL ILLNESS

Our policy on illness is set out in the Parent's Information Handbook.

HOSPITAL / EMERGENCY TREATMENT

If a pupil has an accident or becomes ill, and requires immediate hospital treatment, the school is responsible for either:

- calling an ambulance in order of the pupil to receive treatment; or
- taking the pupil to an Accident and Emergency department
- and in either event immediately notifying the pupils parent/carers

Where it is decided that pupil should be taken to A&E Department a qualified first aider must either accompany them or remain with them until the parent/carers arrives.

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Where a pupil has to be taken to hospital by a member of staff they should be taken in a taxi and not use their own car.

If an ambulance has been called:

- a first aider will stay with the pupil until the parent arrives, or accompany the pupil to hospital by ambulance if required.
- A member of staff will wait by the gate and guide the emergency vehicle to the casualty.
- If the emergency happens close to drop off or pick up time at Gosfield Primary School the Headmaster's PA or the Bursar will notify the Primary School that we are awaiting an emergency vehicle in an effort to keep congestion along Hall Drive to a minimum and children crossing the road safe.

If the casualty is a child, their parents / carers will be informed immediately of the situation by the Headmaster's PA.

If the casualty is an adult, their next of kin will be called immediately by the Headmaster's PA. All contact numbers for children and staff are located in the Office.

Our main local hospitals with Accident and Emergency provision are Broomfield Hospital, Court Road, Broomfield, Chelmsford Essex Telephone: 01245 443673 and Colchester General Hospital, Turner Road, Colchester, Essex Telephone 01206 747474

Procedure for Recording Accidents and First Aid Treatment

We adopt the definition of Ofsted with regard to serious injuries as follows:-

- broken bones or a fracture
- loss of consciousness
- pain that is not relieved by simple pain killers;
- acute confused state;
- persistent, severe chest pain or breathing difficulties;
- amputation;
- dislocation of any major joint including the shoulder, hip, knee, elbow or spine;
- loss of sight (temporary or permanent);
- chemical or hot metal burn to the eye or any penetrating injury to the eye;
- injury resulting from an electric shock or electrical burn leading to unconsciousness, or requiring resuscitation or admittance to hospital for more than 24 hours;
- any other injury leading to hypothermia, heat-induced illness or unconsciousness; or requiring resuscitation; or requiring admittance to hospital for more than 24 hours;
- unconsciousness caused by asphyxia or exposure to harmful substance or biological agent;
- medical treatment, or loss of consciousness arising from absorption of any substance by inhalation, ingestion or through the skin; and
- medical treatment where there is reason to believe that this resulted from exposure to a biological agent, or its toxins, or infected material.

We adopt the definition from Ofsted for minor injuries, of which we always keep a record, as follows:

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- sprains, strains and bruising;
- cuts and grazes;
- wound infections;
- minor burns and scalds;
- minor head injuries;
- insect and animal bites;
- minor eye injuries; and
- minor injuries to the back, shoulder and chest.

All accidents are recorded immediately after the accident, including the presence of any witnesses and details of any injury or damage. Records are stored confidentially in Medical Tracker (Accident reporting software tool). The recording of an accident is carried out in confidence at all times by the person administering first aid.

Any treatment of first aid is recorded by the person who administered first aid. We will record the date, time and place with the name of the class, of the injured or ill person. Details of the injury or what first aid was administered, along with what happened afterwards is always recorded.

The First Aid Co-ordinator is responsible for the maintenance of accurate and appropriate accident records, including the evaluation of accidents, and regular reporting to the Health and Safety Committee for monitoring purposes.

Related documentation	
Related documentation	Health and Safety Policy Supporting Pupils with Medical Conditions Policy (incorporating Administration of Medicines Procedure) Educational Visits Policy and Guidance Safeguarding Policy:Child Protection Procedures Safeguarding : Allegations of Abuse Against Teachers and Other Staff Compliments and Complaints Prevention and control of Communicable and Infectious Diseases Procedures Serious Incident Reporting Form (SIRF)